## Facts About Smoke-Free Housing

### Smoke-free housing is good for everyone's health:

- Smokers
- Non-smokers
- Pets

### Smoke-free policies protect people:

- They are not illegal because smokers are not a protected class and do not have special legal status.
- They do not discriminate because they do not prevent anyone from renting a unit.



# A Smoke-Free Home is a Healthy Home

Our homes—the place where we spend the most time—can make a big difference in our health. Keeping your home smoke-free is one of the best ways to create a healthy home for yourself, your family, and your friends.

- Support your neighbors and remind them of the new smoke-free policy.
- Submit concerns or complaints about policy violations to:

Melissa Kim – Property Specialist @ 895-4474 X225

Juan Meza – Property Specialist @ 895-4474 X254

# We Are Now a Smoke-Free Building



Housing Authority of the County of Butte 2039 Forest Ave (530) 895-4474 www.butte-housing.com



U.S. Department of Housing and Urban Development



### Welcome to Our Smoke-Free Building

## What is a smoke-free building?

A smoke-free building is one where smoking is not allowed anywhere inside of the building. Because secondhand smoke can seep into smoke-free apartment units, a smoke-free building protects all residents from the harmful effects of secondhand smoke.

### What is secondhand smoke?

Secondhand smoke comes from tobacco that is burned in a cigarette, pipe, or cigar, including smoke that is breathed out by a smoker. It contains harmful chemicals, including some that can cause cancer. When a non-smoker is around someone smoking, they breathe in secondhand smoke.

### Is secondhand smoke dangerous?

Yes. Secondhand smoke can cause cancer, heart disease, and other serious health problems in nonsmokers. It is especially dangerous for children, babies, seniors and women who are pregnant. There is no safe level of exposure to secondhand smoke!

## HACB Public Housing Is Now Smoke-Free

# Our new smoke-free policy is for staff, residents, and visitors.

- No one is allowed to smoke in our building.
- Tell your guests you don't allow smoking in your home.
- People who choose to smoke must smoke outside.

#### Smoking is allowed if you are;

 25 feet away from your building and off the property.



## Resources to Help You Quit Smoking

### Free Help

- Talk to a trained coach who can help you quit. Call 1-800-QUIT-NOW (1-800-784-8669).
- Go to www.smokefree.gov if you or someone you know smokes and wants to quit.

### **Local Support**

#### **EDITABLE SPACE**

- Insert information about cessation classes.
- Insert phone numbers to community organizations that support smoking cessation.